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Planting distance affects apple tree growth, fruit yield and quality

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Abstract

A study on the influence of planting distances on the growth, productivity and fruit quality of dwarf apple trees in a 15- to 18-year-old orchard was carried out at the Institute of Horticulture, Lithuanian Research Centre for Agriculture and Forestry. Trees of the apple (*Malus × domestica* Borkh) cultivar 'Auksis' on rootstock P 60 were planted at distances of 3 × 1.5, 3 × 1.25, 3 × 1.00 m and 3 × 0.75 m. With increasing density of fruit trees, single-tree growth, generative development and yield were significantly reduced. The opposite results were obtained when these parameters were evaluated per unit area. Yield and fruit quality measurements were made at two canopy heights: 0–1.5 and 1.5–2.5 m. In the upper part of the fruit tree canopy, fruit average weight and diameter were higher, while the colour was more intense and less dependent on the planting density of fruit trees. In the lower part of the canopy, fruit quality was inferior and with increasing fruit tree density it further deteriorated. Planting distances had a significant effect on the accumulation of sugar, soluble solids and dry matter content: greater planting distances resulted in increased sugar content from 10.97% to 11.90%, soluble solids – from 12.30% to 13.17% and dry matter content – from 13.80% to 14.80%. Conversely, higher accumulation of phenolic and triterpenic compounds in apple fruits was found with decreasing planting distances. A significant increase of phenolic compounds from 2.91 up to 4.03 mg g⁻¹ DW (dry weight) was recorded at the upper part of the canopy, while an increase of triterpens from 12.9 up to 16.07 mg g⁻¹ DW – at the lower part of the canopy. The best productivity and fruit quality of 'Auksis' apple trees on P 60 rootstock at the full bearing stage were obtained, when fruit trees had been spaced at 3 × 1.25 m.

Key words: fruit biochemical composition, fruit colour, *Malus × domestica*, planting system.

Introduction

To remain competitive in the fruit-growing business, many countries have switched to intensive dwarf apple orchards. Dwarfing rootstocks have been the key to the dramatic changes in tree size, spacing and early production (Robinson, 2007 a). In the regions with colder winters, fruit trees with rootstocks P 60 and B.396 are most commonly used for establishing apple orchards. They have similar rootstock M 9 growth and productivity characteristics but are more winter hardy (Kviklys et al., 2016). Commercial dwarf orchards planted with these rootstocks and winter-hardy cultivars have a long-lasting productive life, even in northern climate conditions.

A more compact fruit tree is more efficient at intercepting the sun's energy (Green et al., 2003). In the countries with a developed fruit growing sector, the optimum number of dwarf fruit trees is estimated at 2500–3300 trees ha⁻¹ (Platon et al., 2014; Robinson et al., 2014; Lordan et al., 2019).

The main aim of modern commercial orchards is to produce more high-quality fruits suitable for fresh consumption. This goal help achieve the right rootstock-scion combination, canopy shape and optimal orchard density (Robinson, 2011; Kviklys et al., 2013; Gandev, Dzhuvinov, 2014). The development of orchard systems

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shows the intensification of the Lithuanian fruit-growing sector (Uselis, 2002).

In the 1950s and 1960s, the yield of vigorous apple trees with seedling rootstocks increased from 6 to 28 t ha⁻¹, when planting density was increased from 8 × 8 m (156 trees ha⁻¹) to 6 × 3 m (555 trees ha⁻¹). In such orchards, up to 44% of the fruit was 55 mm in diameter and larger. Decreasing planting distances of vigorous fruit trees decreased yields (Kalkys, 1970; Armolaitis, 1973). In the 1980s, it was found in an apple tree orchard on clonal rootstocks that by increasing planting density, the yield per unit area of young fruit trees could be increased. Apple trees with semi-vigorous rootstock MM.106, planted at 5 × 2 m (1000 tree ha⁻¹), gave a yield of 37 t ha⁻¹ in the 9th–10th leaf (Kviklys, 1987). An apple tree orchard with dwarf rootstock B.396 (3 338 tree ha⁻¹) gave an average yield of 33 t ha⁻¹ in the 4th–7th leaf. As much as 91% of the fruits of this harvest were 70 mm and larger in diameter (Uselis, 2002). In later years, it was established that orchard design had a great impact on the fruit tree vigour, productivity, yield and fruit quality of cultivars ‘Spartan’ and ‘Sinap Orlovskij’ apple trees on rootstock B.396. Sparsely planted trees were the most vigorous and gave the highest yield per plant. When plant density increased 2–4 times, the yield per tree decreased 1.5–2.5 times. The highest yields per unit area were found in high-density (3.380–5.000 trees ha⁻¹) orchards (Uselis, 2003).

The fruit quality differed significantly between the two cultivars. ‘Sinap Orlovskij’ apples produced very large fruits, and their size did not depend entirely on planting density, whereas ‘Spartan’ apples were smaller in a high-density planting system (Uselis, 2003). Planting density influences light interception, especially in an older orchard, and this affects some fruit quality traits (Lordan et al., 2018). Low light penetration (less than 50% of the total incident energy) in the canopy can compromise fruit quality (Musacchi, Serra, 2018). With increasing tree height, the light penetration into the internal parts of the canopy decreased, especially in the lower canopy (Choi et al., 2014). So, fruit quality should strongly depend on the position of the fruit in the canopy. In the lower and upper parts of the fruit tree, these indicators may vary significantly.

Reports of the studies on orchard systems usually present results from 1- to 10-year plantings. Information on tree vegetative performance and productivity in later stages is lacking. Therefore, the aim of the current study was to evaluate the influence of planting density on the growth, fruit yield and quality of dwarf apple trees in a full bearing (15–18 years old) orchard.

Materials and methods

The impact of planting distance on apple tree (*Malus × domestica* Borkh) growth, yield parameters and fruit quality was evaluated in a 15- to 18-year-old orchard, established in 2015–2018 at the Institute of Horticulture, Lithuanian Research Centre for Agriculture and Forestry. The study involved the commercially important northern climate apple cultivar ‘Auksis’ on one of the most valuable dwarf rootstocks P 60 (Kviklys et al., 2012).

The following planting distances and tree training systems were tested: 1) fruit trees spaced at 3 × 1.50 m (2 222 trees ha⁻¹), trained as spindles, 2) fruit trees spaced at 3 × 1.25 m (2 667 trees ha⁻¹), trained as slender spindles, 3) fruit trees spaced at 3 × 1.00 m (3 333 trees ha⁻¹), trained as slender spindles, and 4) fruit trees spaced

at 3 × 0.75 m (4 444 trees ha⁻¹), trained as super spindles.

The fruit trees were pruned in March in each year of the experiment, maintaining the canopy shape provided for each planting scheme.

Apple trees were planted in a randomized block design, with three replicates and five trees per plot. The soil in the orchard was *Epicalcari-Endohypogleyic Cambisol* (WRB, 2014), heavy clay loam containing 2.8% of humus, 139 mg kg⁻¹ P, 158 mg kg⁻¹ K, 5098 mg kg⁻¹ Ca and 1172 mg kg⁻¹ Mg, with pH 7.3 (in 1 mol L⁻¹ KCl extract). The orchard was fertilized annually at a rate of N₅₀K₈₀. Nitrogen fertilizer in the form of NH₄NO₃ was applied in early spring and KCl – in late autumn. Weeds in the rows were controlled with glyphosate-based herbicides. Frequently mown grass was kept in the alleyways. Pest and disease control was carried out according to the rules of integrated plant protection (Valiuškaitė et al., 2017).

Apple tree growth was evaluated according to the trunk diameter, shoot number, shoot length and weight of pruned branches. Trunk diameter was measured 30 cm above the soil surface and converted to the trunk cross-sectional area (TCSA) in cm². Annual shoot number and total (m) and average shoot length (cm) were evaluated for every tree at the end of vegetation periods. Weight of pruned branches (kg) was measured in each experimental plot in March each year. Fruit yield (kg) and mean fruit weight (g) from each tree were recorded at harvest time, and for data analysis, the averages per tree from the experimental plot were calculated. Cumulative yield efficiency was calculated as a ratio of yield per tree to TCSA and expressed in kg cm⁻².

Yield and fruit quality measurements were made at two canopy heights: 0–1.5 and 1.5–2.5 m.

A sample of 50 fruits per replicate was evaluated for fruit quality parameters. Fruit dry matter content was determined gravimetrically by drying apple samples to a constant weight at 105°C temperature. Fruit respiration rate was measured with a gas analyser EASI-1 (Absoger, France). Soluble solids were quantified with a digital refractometer PR-32 (Atago Co. Ltd., Japan). Fruit firmness was determined by the texture analyser TA.XTPlus (Stable Micro Systems, UK) using the P/2 probe. Titratable acidity was estimated by titrating with 0.1 N NaOH solution to pH 8.2 and was expressed as a percentage of citric acid equivalent. Ascorbic acid was measured by titration using 2,6-dichlorophenolindophenol sodium salt solution (AOAC, 1990 a). Total sugar content was determined using the method described by AOAC (1990 b). Phenolic compounds were determined through the high-performance liquid chromatography (HPLC) method, as described in the article of Liaudanskas et al. (2014). Triterpenic compounds were determined through the HPLC method, as described in the article of Butkevičiūtė et al. (2018).

The data on the main traits were subjected to analysis of variance (ANOVA). Significance of differences between rootstock means was estimated through the LSD test at $P < 0.05$, when the F value was significant.

Results and discussion

Apple tree growth. Total length of the shoot from the fruit tree did not change significantly, when the distance between trees in a row was decreased from 1.5 to 1.0 m. Reduction of planting distance to 0.75 m resulted in significantly the smallest total length of the shoot (Table 1).

Table 1. Effect of planting distances on apple tree growth parameters (average data 2015–2018)

Planting distance m	Total shoot length		Shoot number		Average shoot length	Trunk cross-sectional area	Weight of pruned branches	
	m tree ⁻¹	km ha ⁻¹	tree	thousand ha ⁻¹	m	cm ²	kg tree ⁻¹	t ha ⁻¹
3 × 1.50	33.5 a*	74.6 b	91.9 a	204.2 b	0.44 b	73.4 a	2.53 a	5.57 b
3 × 1.25	29.2 a	78.0 b	77.7 b	207.1 b	0.46 b	66.3 ab	2.00 b	5.40 b
3 × 1.00	33.2 a	110.9 a	76.8 b	256.0 ab	0.54 a	56.8 bc	2.31 ab	7.72 a
3 × 0.75	21.6 b	96.6 ab	61.1 c	271.5 a	0.45 b	46.6 c	1.57 c	7.07 a

* – differences significant at $p < 0.05$

The total length of shoots per unit area was the smallest in the most sparsely planted orchard. When planting density was increased, this indicator tended to increase. Significantly the greatest total shoot length was at a planting density of 3 333 trees ha⁻¹. In this treatment, the average shoot length was also the highest (Table 1). When the tree density in the row increased from 1.50 to 1.00 m, plant competition caused shoot elongation, but when tree density increased further, the total and average shoot length was reduced. Vegetative growth and flower bud formation are considered antagonistic processes (Koutinas et al., 2010). The reduction of vegetative growth means lower consumption of carbohydrates for shoot production. Therefore, carbohydrates should be utilized more efficiently for fruit development. As the density of the orchard increased, the number of shoots per fruit tree decreased significantly and was the lowest in the orchard with the highest tree density (Table 1).

The number of shoots per unit area tended to increase and was significantly the largest in the densest planting system. Similar trends were observed in the weight of pruned branches. The highest number of

branches was found to be pruned from sparsely growing apple trees. With increasing fruit tree density, the weight of pruned branches decreased, and significantly the smallest amount was removed from the densest plantings. The largest weight of branches per plot was pruned in the treatments, where the distance between fruit trees in a row was 1.00 and 0.75 m.

The effect of planting distances on the growth of fruit trees is clearly illustrated by the TCSA: the denser the trees, the smaller their TCSA. In other studies, very dense planting also suppressed growth of shoots and trunk (Licznar-Małańczuk, 2004).

Generative apple tree development and yield.

Sparsely spaced fruit trees formed the highest number of flower clusters. As the planting density increased, fruit trees produced fewer flower clusters, and significantly the least flowering was recorded in the most densely planted treatment (Table 2). When tree density in the row increased from 1.50 to 1.00 m, the number of flower clusters remained the same. When planting distance between the fruit trees reached 0.75 m, the number of flower clusters per unit area was significantly higher.

Table 2. Effect of planting distances on apple tree generative development and productivity (average data 2015–2018)

Planting distance m	Number of flower clusters		Yield	Yield
	tree ⁻¹	thousands ha ⁻¹	kg tree ⁻¹	t ha ⁻¹
3 × 1.50	147.8 a*	328.3 b	23.9 a	52.6 b
3 × 1.25	111.7 ab	297.9 b	22.1 ab	59.0 ab
3 × 1.00	95.2 b	317.2 b	15.7 b	52.2 b
3 × 0.75	87.9 b	390.8 a	15.3 b	68.0 a

* – differences significant at $p < 0.05$

Similar results were established for yield. The yield of sparsely spaced fruit trees was very similar. When the fruit trees were planted more densely in rows to 1.00 or 0.75 m, they yielded significantly less fruit (Table 2). Conversely, the highest yield per plot was in the densest planting system. Fruit trees spaced at 3 × 1.25 m were slightly less productive. Significantly less yield per plot was observed, when the planting distance between fruit trees in the row was 1.00 or 1.50 m. Other researchers also reported that increasing tree density results in higher yield per hectare but lower yield per tree (Robinson, 2007 b).

This trend becomes evident as soon as the apple trees begin to compete with each other (Eccher, Granelli, 2006).

Fruit yield and external quality. Fruit trees spaced at 3 × 1.50 m produced more than half of the crop up to 1.5 m in the canopy, where light conditions are usually inferior. Fruit trees grown at 3 × 1.25 m and more densely produced a relatively smaller share of fruits in the lower canopy part (Table 3). In dense plantings, a little more than half of the crop ripened in the upper (1.5–2.5 m) canopy part, where conditions for generative bud formation and fruit growth are better.

Table 3. Effect of planting distances on yield distribution and fruit quality in different canopy heights (average data 2015–2018)

Planting distance m	Yield share %		Average fruit weigh g		Colour %	
			Canopy height m			
	0–1.5	1.5–2.5	0–1.5	1.5–2.5	0–1.5	1.5–2.5
3 × 1.50	52.2 a*	48.2 a	141.2 a	159.1 a	18.0 a	35.2 a
3 × 1.25	47.1 a	52.9 a	135.6 ab	152.7 ab	14.8 b	30.7 b
3 × 1.00	45.8 a	54.2 a	127.3 bc	149.6 b	11.6 c	28.4 b
3 × 0.75	47.4 a	52.6 a	123.1 c	145.1 b	11.2 c	24.9 c
Average	48.1 A**	52.0 A	131.8 B	151.6 A	13.9 B	29.8 A

Note. * – the lower-case letters on the same column indicate significant differences between planting distances ($p < 0.05$); ** – the capital letters on the same line indicate significant differences between canopy heights ($p < 0.05$).

During the study, it was observed that fruit quality varied in different parts of the canopy and depended on the orchard density. The average fruit weight was highly dependent on fruit position in the canopy and orchard density. It was found that in the lower part of the canopy, the average fruit weight was the highest in the lowest density system, and it was similar in size in the densest growing apple trees at the upper part (Table 3). In general, the average fruit weight in the upper canopy part was significantly higher than in the lower part, although at the top of the canopy, when the fruit tree density increased, fruit weight tended to decrease. An even more significant decrease in average fruit weight induced by higher planting density was observed in the lower part of the canopy. The smallest apples grew in the lower canopy part of the densest orchard.

In general, there was no difference in yield share between the two canopy heights, whereas bigger and better-coloured fruits were found in the upper canopy.

Training systems did not have a consistent effect on average fruit diameter and weight in the first year of

fruiting, but later a trend for lower fruit weight in higher tree density systems was observed (Ozkan et al., 2012). Light contributes better red colour development and some indicators of internal fruit quality (Musacchi, Serra, 2018). In higher density orchards, a large proportion of shade within the canopy is found, and this can result in smaller and less coloured fruits. On the other hand, fruits are more coloured in taller and more open apple trees, even at the highest tree densities (Wagenmakers, Callesen, 1995).

The largest portion 7(0–85 mm in diameter) of the apples grew in the upper part of the canopy. Their number was generally independent of the density of the fruit trees. There were fewer apples of the above-mentioned size in the lower parts of the fruit trees and especially in the densest planted orchard (Table 4). More apples of less than 70 mm diameter grew in the lower part of the canopy, especially in the densely planted orchard, where their share was significantly higher. The smallest number of apples of this size grew at greater planting distances (3×1.50 and 3×1.25 m).

Table 4. Effect of planting distances on fruit diameter in different canopy heights (average data 2015–2018)

Planting distance m	Share of fruits %					
	<70 mm		70–85 mm		>85 mm	
	Canopy height m					
	0–1.5			1.5–2.5		
3×1.50	19.4 b*	31.5 a	1.04 d	8.9 c	36.9 a	2.21 d
3×1.25	19.0 c	27.8 b	0.38 e	10.2 d	40.4 a	2.33 f
3×1.00	24.4 b	21.3 b	0.05 d	12.8 c	40.0 a	1.41 e
3×0.75	28.2 b	18.8 c	0.33 d	14.6 c	38.0 a	0.01 e
Average	22.8 b	24.8 b	0.45 e	11.6 c	38.8 a	1.49 d

* – differences significant at $p < 0.05$

The data of our study agree with those obtained in Northern Germany reporting that increasing planting density decreases the average fruit diameter slightly (Stehr, 2011). In a similar manner, average fruit colour is inferior at higher densities – decreasing between 5% and 10%. Srivastava et al. (2017) reported that fruit weight increases with decrease in plant density and fruit size is negatively correlated with the number of fruit trees.

Fruit biochemical composition, physical and physiological properties, bioactive compounds. The effect of planting distance on fruit biochemical composition was insignificant for vitamin C and acidity content. Vitamin C varied from 8.0 to 8.2 mg 100 g⁻¹, and acidity content – from 0.3% to 0.4% in fresh fruits. Sugar, soluble solids and dry matter content in fresh fruits were significantly higher in apples picked from the most widely planted trees (Table 5).

Sugar content in apples varied from 10.97% at the narrowest planting distance to 11.90% at the widest planting distance, soluble solids – from 12.30% to 13.17%, and dry matter content – from 13.80% to

14.80%. Different canopy heights had no significant effect on fruit biochemical composition; however, there was a slight trend for fruits to accumulate more sugars, soluble solids and dry matter at higher canopy locations. Other scientists have also found a trend for denser fruit planting distance to degrade fruit quality with less soluble solids, sucrose, glucose, fructose, sorbitol and malic and citric acids (Nilsson, Gustavsson, 2007; Feng et al., 2014). This is explained by the fact that the leaves in those parts of the canopy from a wider planting distance intercept more light and had a more intense photosynthesis, which resulted in more assimilates to the adjacent fruits.

The planting distance of apple trees had no significant impact on fruit firmness and respiration rate. Slightly firmer fruits were from a lower canopy height (average 431 N cm⁻²) compared with a higher canopy height (average 416 N cm⁻²). Fruit respiration rate had the same trend: fruits from a lower canopy height had an average respiration rate of 3.77 mg CO₂ kg h⁻¹, whereas fruits from a higher canopy height had an average respiration rate of 3.20 mg CO₂ kg h⁻¹.

Table 5. Effect of planting distances on fruit biochemical composition in different canopy heights (average data 2015–2018)

Planting distance m	Sugar % FW		Soluble solids % FW		Dry matter % FW	
	Canopy height m					
	0–1.5		1.5–2.5		0–1.5	
3×1.50	11.29 ± 0.13 ab*	11.49 ± 0.19 a	12.60 ± 0.20 ab	12.60 ± 0.40 a	13.93 ± 0.12 ab	14.37 ± 0.45 a
3×1.25	11.90 ± 0.22 a	11.45 ± 0.32 a	13.17 ± 0.35 a	12.80 ± 0.20 a	14.80 ± 0.20 a	14.27 ± 0.25 a
3×1.00	11.31 ± 0.21 ab	11.28 ± 0.26 a	12.37 ± 0.15 b	12.53 ± 0.25 a	13.8 ± 0.26 b	14.33 ± 0.31 a
3×0.75	10.97 ± 0.40 b	11.11 ± 0.29 a	12.30 ± 0.36 b	12.43 ± 0.45 a	14.10 ± 0.62 ab	14.00 ± 0.70 a
Average	11.37 A**	11.33 A	12.61 A	12.59 A	14.16 A	14.24 A

Note. FW – fresh weight; * – the lower-case letters on the same column indicate significant differences between planting distances ($p < 0.05$); ** – the capital letters on the same line indicate significant differences between canopy heights ($p < 0.05$).

Phenolic compound content in fruits increased as planting distance decreased at both canopy heights (Table 6). It is known that unfavourable conditions lead to higher stress in fruit trees, and accumulation

of phenolic compounds in different parts of fruit trees, including fruits, has been linked to various stress factors (Lattanzio et al., 2006), which agrees with the results of our research.

Table 6. Effect of planting distances on phenols and triterpenes content in fruits in different canopy heights (average data 2015–2018)

Planting distance m	Phenols mg g ⁻¹ DW		Triterpenes mg g ⁻¹ DW	
	Canopy height m			
	0–1.5	1.5–2.5	0–1.5	1.5–2.5
3 × 1.50	3.07 ± 0.15 b*	2.91 ± 0.15 c	12.19 ± 0.61 b	15.23 ± 0.76 a
3 × 1.25	3.05 ± 0.15 b	3.22 ± 0.16 bc	14.90 ± 0.75 a	15.16 ± 0.76 a
3 × 1.00	3.01 ± 0.15 b	3.51 ± 0.18 b	14.24 ± 0.71 a	14.82 ± 0.74 a
3 × 0.75	3.49 ± 0.17 a	4.03 ± 0.20 a	16.07 ± 0.80 a	15.49 ± 0.77 a
Average	3.16 B**	3.42 A	14.35 B	15.18 A

Note. DW – dry weight; * – the lower-case letters on the same column indicate significant differences between planting distances ($p < 0.05$); ** – the capital letters on the same line indicate significant differences between canopy heights ($p < 0.05$).

Triterpene content in fruits increased as planting distance decreased, but only at a lower canopy height (Table 5). More triterpenes accumulate in lower and shaded canopy areas (Lv et al., 2015). Differences between shaded and sun-exposed fruits influence the different formation of the wax layer and its structure, which differ in both quantity and quality (Curry, 2008; Tahir et al., 2009), which was also found in our research.

Conclusions

1. The densest planting systems (3 × 1 and 3 × 0.75 m) resulted in reduced trunk diameter, shoot number, number of flower clusters and the yield per tree of the apple cultivar ‘Auksis’ in a full bearing orchard; whereas the values of these parameters were the highest when calculated per unit area.

2. The highest fruit average weight, diameter, the best skin colour, higher sugar, soluble solids and dry matter content were from the most sparsely spaced (3 × 1.50 and 3 × 1.25 m) apple trees, while the poorest external fruit quality was in the densest planting system (3 × 0.75 m). A significant trend towards higher accumulation of phenolic and triterpenic compounds in apple fruits was found with decreasing planting distances between the apple trees.

3. The most sparsely spaced (3 × 1.50 m) fruit trees produced more than half of the crop in the lower part of the canopy, whereas in denser planting systems, a larger part of the crop was produced in the upper part of the canopy. In general, external fruit quality in the upper part of the canopy was better and depended less on fruit tree density; however, fruits in the lower part of the canopy had worse quality, which decreased at higher densities.

4. A detailed analysis of the research results suggests that at the full bearing stage, the best productivity and fruit quality of ‘Auksis’ apple trees on rootstock P 60 was obtained, when fruit trees had been spaced at 3 × 1.25 m.

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Sodinimo atstumų įtaka obelų augimui, vaisių derliui ir kokybei

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Santrauka

Sodinimo atstumų įtakos žemaūgių obelų augimui, produktyvumui ir vaisių kokybei tyrimas buvo atliktas 15–18 metų amžiaus sode, įveistame Lietuvos agrarinių ir miškų mokslų centro Sodininkystės ir daržininkystės institute. Veislės 'Aukasis' obelys su P 60 poskiepiu buvo pasodintos 3 × 1,5, 3 × 1,25, 3 × 1,00 ir 3 × 0,75 m atstumais. Padidėjus sodinimo tankumui, sumažėjo pavienių vaismedžių augimas, generatyvinis vystymasis ir derlius. Priešingi rezultatai buvo gauti šiuos rodiklius vertinant ploto vienetu. Derlingumas ir vaisių kokybė buvo matuoti dviejuose vainiko aukščiuose: 0–1,5 ir 1,5–2,5 m. Vaismedžių vainiko viršutinėje dalyje vaisiaus vidutinė masė ir skersmuo buvo didesni, o spalva intensyvesnė ir mažiau priklausė nuo vaismedžių sodinimo tankumo. Vainiko apatinėje dalyje vaisių kokybė buvo prastesnė, didėjant vaismedžių tankumui ji dar blogėjo. Sodinimo atstumas turėjo esminės įtakos cukraus, tirpių sausųjų medžiagų ir sausųjų medžiagų kaupimuisi – rečiau pasodintame sode šių biocheminių junginių vaisiuose buvo daugiau. Ir atvirkščiai, didesnis fenolinių junginių ir triterpenų kiekis buvo nustatytas vaisiuose, užaugintuose tankiau pasodintame sode. Geriausias veislės 'Aukasis' obelų su P 60 poskiepiu derlingumas ir vaisių kokybė pilnai derant gauti 3 × 1,25 m atstumu įveistame sode.

Reikšminiai žodžiai: *Malus × domestica* Borkh, sodinimo sistema, vaisių biocheminė sudėtis, vaisių spalva.